- 1. Make changes to and save your data file (Excel, Works Spreadsheet, or Database).
- 2. Open Word. Click on Tools menu > Letters and Mailings > Mail Merge Wizard.



4. Click "Label Options", select the label style (ie: Avery #8160), click "OK".

Label Options		
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- 5. Click "Next: Select recipients".
- 6. Under Select recipients, choose "Use an exiting list" and click "Browse".
- 7. In "Select Data Source", change the "Look in" to browse to the location of the data file (ie: "My Documents").



- 8. Click to highlight your data file, and click "Open".
- 9.

9. Make sure check marks are in front of all the recipients you want and click "OK"



- 13. Close the "Insert Merge Field" window when done.
- 14. Format the first label (ie: put a space between first and last names, hit return after both last name and address, put a comma and space between city and state, and a space between state and zip, etc.).

Ŧ	«First» «Last» «Address» «City», «State» kZip»	«Þ

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- 15. Click the "Update all labels" button, and then click "Next: Preview your labels".
- 16. If they look right, click "Next: Complete the merge" (note: only the first page of labels will show).
- 17. Click "Print" in the wizard to print all pages. To save, click on "Save As" under the File menu.